

## Swimming Lessons

The school swimming lessons are due to start on Monday, 29<sup>th</sup> April. Children in Juniors will have one 30 minute lesson per week for 10 weeks and children in Year 2 will have one 30 minute lesson per week for 9 weeks. Less able swimmers may be given extra tuition at lunchtimes. All children are expected to swim unless they are prevented from doing so for medical reasons.

The class teacher will tell the children which day they will be swimming and we will also put the timetable on the school website. If for any reason lessons have to be cancelled (eg for school trips or teacher illness) the class teacher will inform the children and every effort will be made to make up any missed lessons by the end of the term.

Your Swimming Kit **must** include:

- All in one costume for girls or trunks for boys, named please
- Swimming cap – girls and boys please
- Flip flops or suitable shoes to walk out to the pool, named please
- Towel, named please  
(No bikinis, Bermuda shorts or jewellery)

### Hints for new swimmers

- On swimming days it is easier for girls to wear socks - not tights
- Make sure all clothes (including towels) are labelled
- Practice putting on your caps. A light dusting of talcum powder aids this procedure.

Caps can be purchased from the school office at a cost of £1.20. Caps in house colours are only required for the Year 6 inter-house Swimming Gala. Alternatively, caps can be purchased from most sports shops. Fabric hats are acceptable.

The fee remains at **£32** for Year 3 to Year 6 children and **£28.80** for Year 2 children, which covers the swimming teacher's salary, an extra adult assistant, heating and maintenance costs. **Please send this payment via Tucasi or make cheques payable to St Mary's School or send in cash in a named, sealed envelope by Friday 26<sup>th</sup> April 2019.**

**Only Year 2 and Year 3 children, and other new children in the school this year need a permission slip filled in please.**

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**SWIMMING PERMISSION** – Only for Year 2 and 3 children or new children in the school this year

I hereby give permission for my child ..... in class..... to participate in swimming lessons during the summer terms 2019/2020/2021/2022/2023

The Swimming Teacher would like to know the badges or level of swimming that your child has already achieved. Please can you circle the approximate distance that your child can swim unaided. This will enable the teachers to group them as appropriate.

Non swimmer / 5m / 10m / 25 m / 50m+

Signed..... Date.....

Confidently Me    Belonging Together    Challenged to Contribute

