



Monday 20<sup>th</sup> March

Dear Parent(s)/Carer(s),

### Swimming Lessons 2023

The school swimming lessons are due to start in the summer term. All children in Key Stage 2 will have one 30 minute lesson a week for 10 weeks. As a part of the National Curriculum for Physical Education, all children are expected to swim unless they are prevented from doing so for medical reasons.

#### Swimming lessons will commence from the week beginning 24<sup>th</sup> April

The class teacher will tell the children which day they will be swimming and we will also put the timetable on the school website. If for any reason lessons have to be cancelled (e.g. for school trips or teacher illness) the class teacher will inform the children and every effort will be made to make up any missed lessons by the end of the term.

Your swimming kit **must** include:

- All in one costume / trunks (no bikinis, or Bermuda shorts), **named**
- Swimming cap (boys and girls), **named**
- Flip flops or suitable shoes to walk out to the pool, **named**
- Towel, **named**

#### Hints for new swimmers

- On swimming days it is easier for girls to wear socks - not tights
- Make sure all clothes (including towels) are labelled
- Practise putting on your caps. A light dusting of talcum powder aids this procedure.

Caps can be purchased from the school office at a cost of £1.20. Caps in 'House' colours are not essential but are helpful for the Year 6 inter-house Swimming Gala, which takes place later in the summer term. Alternatively, caps can be purchased from most sports shops. Fabric hats are acceptable.

**The cost this year will be £20** for Year 3 to Year 6 children, which covers the swimming teacher's salary, an extra adult assistant, and pool heating and maintenance costs. **Please send this payment via SCOPay or make cheques payable to St Mary's School or send in cash in a named, sealed envelope by Wednesday 19<sup>th</sup> April 2023**

**Only Year 3 children and children who have joined the juniors and have not swum at St. Mary's before need a permission slip filled in.**

**If we do not have a permission slip on file for your child, they will not be allowed to swim.**

### Swimming Lessons – Permission (Only for Year 3 children or children new to the school this year)

I hereby give permission for my child ..... in class.....  
to participate in swimming lessons during their time at St Mary's.

Please can you circle the approximate distance that your child can swim unaided. This will enable the teachers to group them appropriately.

Non-swimmer / 5m / 10m / 25 m / 50m+

Signed..... Date.....

**Please return this form to your child's class teacher by Monday 27<sup>th</sup> March**

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