



WELLBEING COFFEE MORNING

Wednesday 28th February
9 am - 10 am
in the studio

This term our coffee morning is focussing on wellbeing.

- an introduction about ELSA from our trainee educational psychologist
- an insight into what an ELSA session might look like from some of our Wellbeing Team
- signposting to what support is available for families in our local area
- signposting to websites/organisations that can support with wellbeing
- a chance to chat with other parents
- a chance for an informal chat with the Inclusion Team

We look forward to seeing you on 28th.