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Dear Parents and Carers,

As part of the PSHCE & Science curriculum on 'Animals including Humans', the Year 5 children are going to be learning about puberty and changing bodies. The aim of this lesson is to help support the children through the physical, emotional and moral development that will happen to them all. This will also help them understand how they are, or will be, developing in a safe and nurturing environment.

During our science lesson, week commencing 25th March, the children will be learning about how bodies change and develop. We will also be able to answer any questions they may have. The children can ask questions anonymously and the teaching staff will only answer if they relate specifically to puberty and changes in our bodies. The girls will also be having a separate talk on menstruation.

As this is being taught in school, your child/children may come home with further questions. The majority of the Relationship and Sex Education is taught in Year 6, at which time you will be invited into school for a meeting about the content of this unit.

Please do not hesitate to contact me if you have any questions or concerns.

Yours sincerely

Mrs E Holland
Year 5 Leader
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Confidently Me Belonging Together Challenged to Contribute

