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Dear Parents and Carers,

You will have heard the exciting news that Forest School will be running this year at St Mary's.

Your child's class (1RW) will have Forest School for 6 weeks. This will be on Tuesday afternoons 1 – 3pm from Tuesday 24<sup>th</sup> February to Tuesday 14<sup>th</sup> April (Easter Holidays fall within this time).

We will need two parent volunteers to enable this to run. If you are able to help, please contact the Mrs Nguyen at [k.nguyen@stmarysprimary.org](mailto:k.nguyen@stmarysprimary.org).

The children will need to come to school dressed appropriately for Forest School (details below). We will have a rack for their wellies so please send them in trainers for the morning and we can change in to wellies (weather dependent). We suggest keeping their wellies in school for the duration of the half term to avoid bringing them back and forth or forgetting them!

### Forest School – Clothing

#### Parent information

Children do not need to wear school uniform on Forest School days. They should wear clothing that is most appropriate for the weather and that meets the requirements below. All children MUST wear a long sleeve top and long trousers (no shorts).

#### Colder weather

Thermal base layer - leggings, not tights please, long sleeved top and thick socks (ideally thermal polyester/merino/ silk, not cotton as this holds moisture and provides little warmth)

Second long sleeve top (again not cotton)

Warm fleece/wool jumper

Cosy trousers i.e tracksuit pants, fleece leggings (not jeans please)

Mittens/Gloves (waterproof if possible)

Warm hat and fleece snood (these are very warm!)

Neoprene or fleece lined wellies, or waterproof walking boots.

#### Warmer weather

Long sleeved top

Long trousers (not jeans) NO SHORTS

Trainers, sturdy outdoor boots or wellies

Jumper/ fleece (as it can be cool in the woods)

Confidently Me Belonging Together Challenged to Contribute



Sun cream  
Insect repellent (optional)

**All weather:**

Waterproof Jacket and waterproof trousers/dungarees. A thicker jacket for colder days is a good idea. It is important that even in dry weather your child still has their waterproofs as this enables them to play in puddles, mud and sit on damp ground etc. They also protect from scratches and prickles.

Thank you for your support.

Kind regards,

Kate Nguyen

Assistant Head

[k.nguyen@stmarysprimary.org](mailto:k.nguyen@stmarysprimary.org)

