



**YMCA**

Here for young people  
Here for communities  
Here for you

# Transition to Secondary School

## Summer Holiday Support Sessions

Is your Year 6 child feeling anxious about starting secondary school?

Learning Space & YMCA East Surrey are offering 1:1 young person & parent/carers support sessions during the summer holidays to help ease the transition.

These sessions focus on addressing anxiety, worries, building resilience and celebrating each child's strengths.

Sessions are offered in various locations throughout East Surrey, as well as online. Please choose your preference on the form.

Spaces are limited and will be allocated on a first come, first served basis.

Parents and careers can sign up using the QR code/link  
<https://forms.office.com/e/GHtAgndK3z>



**Mindworks**  
Surrey