

# Outdoor Education Residential



Monday 8<sup>th</sup> June – Friday 12<sup>th</sup> June 2026

All of these slides will be emailed to you tomorrow

# The 'Non-Bowles' stuff first...

- Transition meetings with secondary schools are ongoing
- Transition Days – please let us know
- Tie Dye shirts & Hoodies – I will tell you when they can be worn

# The 'Non-Bowles' stuff first...

- Yearbook needs completing by Sunday 31<sup>st</sup> May – don't forget to place orders on SCOPAY before Friday 5<sup>th</sup> June.
- Leavers' Party – arranged by parents
- Leavers' Video Premier – Thurs 16<sup>th</sup> July 9am
- Leavers Service – Mon 20<sup>th</sup> July 1:30pm
- Last Day & Guard of Honour – Weds 22<sup>nd</sup> July, 11:30am

# Bowles Quality

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Home from home

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8 hours of adventurous activities each

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Amazing activities and equipment

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Every industry accreditation for safety held

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Peace of mind for parents

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Home from home

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*Amazing, motivated, experienced and qualified instructors*



# Bowles at a glance



# Typical Day

Time	Event
08.30	Breakfast
09.15	Activity
12.30	Lunch
13.00	Free time
13.45	Activity
17.00	Free time
6.15	Dinner
7.15	Activity
9.15	Wind down and bed

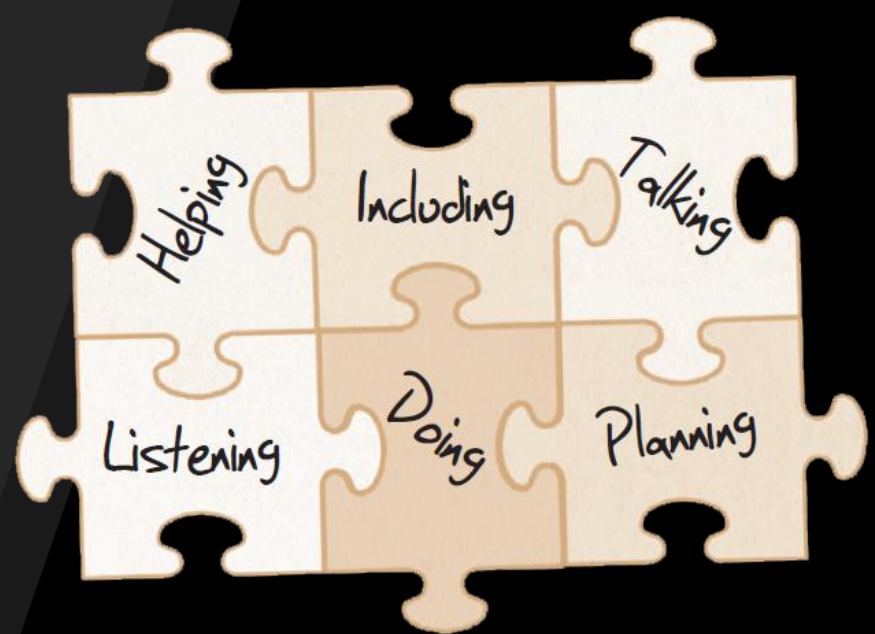


# Activities at Bowles

- Skiing x 2
- Rock climbing
- Low Ropes
- Orienteering on site
- Kayaking
- Canoeing
- Raft building
- Bushcraft
- Team building
- Archery
- Rock scrambling
- Team ropes



# Learning Journal



## SKIING I



**Bowles has two ski slopes, a main slope and a nursery slope. If you are a beginner you will start near the bottom no matter which slope you are on. Learning to ski can be hard work and requires a positive 'can do' mindset. If you listen really well to your instructor, you can make brilliant progress while you're at Bowles.**



### EXPLORER SKIER AWARD

To achieve this award you will have demonstrated the following:

- A static 360 degree turn on the flat
- Straight running - with good balance, posture and symmetry
- Straight running and balancing - while stopping up and down/doing bunny hops/side stepping/performing head, shoulders, knees and toes
- A 'herring bone'
- Correct and safe use of the ski lift, knowing when and how to get off
- Safe use of the emergency stop button
- Safe skiing - looking up and down the slope before starting to ski
- Slope hanging - holding your position while skis are facing downhill

STAMP  
HERE

**YOU WILL NEED**

- A long-sleeved top even in summer, and no shorts!
- Gloves.  These are ESSENTIAL!
- A waterproof if it's raining, a water bottle, sunscreen and a hat if it's hot.

## ARCHERY I

**This is your chance to learn a new skill. The target has to look VERY hard to get better. Hopefully if you listen to your instructor and keep trying you might be the only person out of the BULLSEYE but that's not what the professional will do.**

**YOU WILL NEED**

- A hand signal - to help with the string being out etc.
- A notepad if the teacher will make notes and reactions when it's hot.

**1. What was your highest score in an archery?**  
(An aim = 3 arrows)

**2. How in archery target did you score many points each session is worth.**

**3. Who in your group improved the most at archery?**

**4. Why do you think they improved so much?**

## WHOSE POOP?

Can you tell which animals live in and around the woods by their poop?

- Badger:** Their droppings are like little round stones in size. They are usually found in the woods in the middle of the forest. They are not very common and are usually found in the middle of the forest.
- Fox:** The fox droppings are like little round stones in size. They are usually found in the woods in the middle of the forest. They are not very common and are usually found in the middle of the forest.
- Kestrel:** Their droppings are like little round stones in size. They are usually found in the woods in the middle of the forest. They are not very common and are usually found in the middle of the forest.
- Robin:** Their droppings are like little round stones in size. They are usually found in the woods in the middle of the forest. They are not very common and are usually found in the middle of the forest.
- Red Fox:** Their droppings are like little round stones in size. They are usually found in the woods in the middle of the forest. They are not very common and are usually found in the middle of the forest.

## AFTER BOWLES

Life is an adventure and every of the skills and experiences from your visit to Bowles will stay with you for the rest of your life.

That is what it's all about!

It is about the time you spend with your friends and family. It is about the time you spend with your friends and family. It is about the time you spend with your friends and family.



## Dormitory Accommodation

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- Split over 2 floors
- Larger rooms of up to 7
- Same gender bedrooms
- Mixed gender floors
- Staff on each floor
- Toilets & showers on the ground floor
- External doors locked at night
- Bedroom doors unlocked
- Room inspections!
- No food inside
- Children make own beds
- **Bowles staff on call all night**



# Meal times



- Three healthy, hot, home cooked meals a day
- Free fruit available



**Free time**



# Timetable

Please bring your child to Bowles for 11am on the Monday.

Car sharing is strongly recommended.

A turn around drop off point.

Children sign in / out with our staff.

Pick up at 1pm On Friday



# Medicines

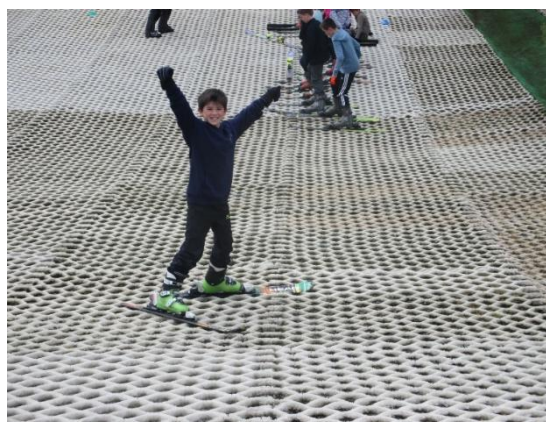
Ensure they are signed in with Mrs Brown & Mrs Bristow when you arrive.

They must be:

- Named
- Clear dosage

We will monitor and record all medicine administered.

# What to bring



## Suitcase

### Outside:

X2 long trousers

X2 long sleeved jumpers

X2 tops (1 must be long)

Waterproofs

Trainers – muddy

Thick long socks for skiing

Gloves (not thick ski gloves!)

Swimming gear

Hat

**NAMED!!!!**

### Other

Day bag

Suncream

Insect repellent

Towel

Toiletries (NO aerosols)

Pencil case

Plastic bags

Money - £10 in a named envelope to be given to their group leader on arrival

No electrical equipment!

### Inside:

Casual clothes

PJs

Shoes (for indoor wear)

Shoes that are difficult to tie are a nuisance.



Don't send expensive clothing!





Children found with sweets will lose tuck-shop privileges.

Don't allow them to bring any!

# Tuck Shop

Children will be able to visit the tuck shop once during the trip.

They may bring £10 maximum pocket money (coins).

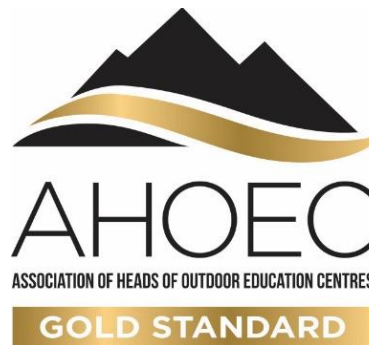
This will be handed in to the school before the trip (after half term).

All activities are thoroughly risk assessed and governed by strict safety rules and procedures:

**Adventurous Activities Licensing Authority** certifies that the centre is operating safely.

All instructors are activity and first aid qualified.

Details of our Risk management can be found on the website.



# Behaviour of Pupils

All pupils are representing St Mary's School and the highest standard of behaviour is expected

The school has a long standing excellent relationship with Bowles.

All pupils have a right to enjoy the trip and feel safe and happy.

If a child is unable to make the correct behaviour choices parents will be contacted and the child will be sent home.

# Staffing and groups

- Room groups of up to 7 (friendship)
- Day groups of 12 (mixed)
- One St Mary's staff member per group
- Extra support teachers for some pupils
- One Bowles instructor per group
- Mr Heyburn, Mr Skilton, Mrs Sullivan, Mrs Biset (3 days), Mr Samuel (2 days), Mrs Brown, Mrs Hewetson, Mrs Bristow, Mrs Hill, Miss Crocker

# Rooms / Groups

- Children are told groups once we arrive at Bowles
- We want everyone to feel safe and happy at night and during the day
- We spend a long time ensuring children will be in rooms / groups that will enable them to enjoy the trip.
- We need to meet the needs of everyone as best we can

# Payments

- Payment deadline was last Friday
- Please ensure outstanding payments are paid as soon as possible.

## Contact

**School Office: 01883 712817**

**Bowles Phone: 01892 665665**

**School mobile for out of hours emergency: 07719 219117**

**Bowles Activity Centre, Sandhill Lane, Eridge Green,  
Tunbridge Wells, East Sussex TN3 9LW**



# Any questions?

