



19th May 2026

NSPCC's 'Speak out. Stay safe.' Programme

Dear Parent/Carer,

I am pleased to inform you that we are participating in the **NSPCC's 'Speak out. Stay safe.' Programme** this term. *Speak out. Stay safe.* is a child friendly programme aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom-based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. The programme for children aged 5-11 aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline. (We will deliver this programme to Y1-6.)

Parents and carers are asked to let school know if their child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

If you would like to know more about the 'Speak out. Stay safe.' programme visit www.nspcc.org.uk/speakout.

Feedback survey for Y3-6 pupils

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focussed on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, sign the slip below and return it to your child's class teacher.
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

www.nspcc.org.uk/activities

Online Safety Hub

For information on a range of different online

Childline – under 12's

Childline have an accessible website with advice, support,

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safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy (5-7)

www.childline.org.uk/kids (7-11)

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at

www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the 'Speak out. Stay safe.' Programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Ms Sahrah Chaudhri

Assistant Head and DSL (Designated Safeguarding Lead)

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PARENT/CARER SURVEY WITHDRAWAL FORM FOR Y3-6 CHILDREN ONLY

Please **do not** complete this form if you consent to your child completing the survey.

I do not consent to (Name of pupil) _____

participating in the completion of the NSPCC Pupil Survey following the delivery of the 'Speak out. Stay safe.' Programme.

Signed (Parent/Carer): _____ Date: _____

PLEASE RETURN THIS SLIP TO YOUR CHILD'S CLASS TEACHER

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